

BLACK GIRL ON THE TRAIL

A BRIGID TURNER DOCUMENTARY

BLACK GIRL ON THE TRAIL follows Ultra Marathoner Brigid Turner on her journey to set a new personal goal to run the 555 mile long **Empire State Trail** from Buffalo to New York City's Battery Park – a trail normally ventured by bicyclists and hikers.

While enduring several challenges, tears, moments of spirituality, self reflection and the retiring of numerous pairs of sneakers, Brigid's determination to achieve this multi-marathon trek was fueled by her desire to raise money for two great charities, **The Running Edge Youth Academy** in Brooklyn and **Shoe4Africa**.

With the help and support of family members, friends and a kind gesture from a stranger – fellow **Empire State Trail** runner Wai Law, Brigid Turner is a Black woman who *RAN* the **Empire State Trail** for not one but two charities.

Challenge Yourself While Changing The World.



BLACK GIRL ON THE TRAIL

A BRIGID TURNER DOCUMENTARY



**CHALLENGE
YOURSELF WHILE
CHANGING
THE WORLD**

www.BLACKGIRLONTHETRAIL.com

NASTALLIAGON PRODUCTIONS DOPESHOES ENTERTAINMENT